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#### Farmer Wellness Fun



Farmers & Farmworkers, Save the Date: October 13 from 12-5PM, join NOFA NJ and Partner Organizations at Pinelands Preservation Alliance for our Annual Farmer Wellness Day!

This year's event is supported by a Northeast SARE-funded project, <u>Mobilizing for Farmer Wellness: Mental and Physical Health Programs for Producers</u>.

#### Attendees can look forward to:

- Workshops on wellness topics, including Farm Labor Movement workshops with Cynthia Flores, massage therapy, food as medicine, and more
- Giveaways & paid surveys
- Free health screenings and skin cancer screenings
- Rancocas Creek Farm walkabout
- Local dinner, connection with fellow farmers, & fun!

See More Info & Registration Link in Next Week's Newsletter

**ENOFA-NJ EVENTS** 

*Limited to 15 Attendees!* Join NOFA NJ along with our Highlands TAP Trainees for an exploration and demonstration of various pieces of farming and grain processing equipment at Morganics Family Farm in Hillsborough, NJ.

MORE INFO

**Past Issues** 

#### 9/21 - Pawpaw Day at Hunterdon Community Farmers Market

Connect with local pawpaw producers, enjoy educational pawpaw presentations and taste several varieties of this short-season native fruit!

MORE INFO

#### 9/24 - Monthly Organic Open House

Join NOFA NJ for our Monthly Organic Open House, a platform for farmers and community members to connect, share knowledge, and discuss relevant topics in organic farming!

MORE INFO

#### 9/27 - Pawpaws at West Farm Nursery

Taste and learn how to grow the delicious North American Pawpaw, the largest tree fruit native to North America. Charlie West has grown pawpaws on his farm in Branchburg for over 10 years and foraged for them during his childhood on the family farm in Ohio. After a career as a college professor of Botany and Biological Sciences, he turned his attention to native fruit trees, especially pawpaws and American persimmons. The Wests will share tastes of several varieties of pawpaws and a few food items made from pawpaws.

Register for September 27 Pawpaw Workshop

#### Where Else to Find NOFA NJ This Month

Catch the NOFA NJ Team at the following community events in September:

• September 17 - Food & Country Screening at Princeton Garden Theater

## **::** COMMUNITY NEWS/EVENTS

TOPP Core Partner Staff from Maine to West Virginia tour Comeback and Cabbage Throw Farm in Asbury, NJ

### 9/16 - NJ Organic Farming Board Quarterly Meeting

Attend the quarterly meeting of the Organic Farming Board of NJ. This Board serves as a conduit between the organic and regenerative farmers of the state and the NJ Department of Agriculture. **MORE INFO** 

#### 9/16 - Food & Country Film Screening at Princeton Garden

Join West Windsor Community Farmers Market for a screening of *Food & Country* along with a panel discussion featuring local farmers and food producers. **MORE INFO** 

#### 9/22 - Webinar: Protecting New Jersey's Farmland with ACEP

American Farmland Trust is hosting a free webinar in partnership with USDA NRCS to provide an overview of the Agricultural Conservation Easement Program in New Jersey.

This webinar will explain how the ACEP-ALE program functions and how the program can help protect more of New Jersey's farmland. **MORE INFO** 

#### 9/23 - NJ Audubon Black Duck Brews with Biologists

Join New Jersey Audubon for a FREE beer while learning about American Black Duck biology and how you can restore their habitat on your land at Farmers & Bankers Brewing in Woodstown, NJ. **MORE INFO** 

NJ Dept. of **SADC Deputy Executive Director** Agriculture Sourland Bread Counter Help/Barista American Farms for a New Generation Director Farmland Trust Maranatha Farm **Vegetable Production Manager** Rutgers **Rutgers Master Gardener Coordinator** Foodshed Alliance **Executive Director** City Green Farm Intern **FoHVOS Land Steward** 

### USDA Rural Cooperative Development Grants

RCDG funding is used improve the economic condition of rural areas by helping nonprofit organizations to provide technical assistance to start, expand, or improve cooperatives and mutually owned businesses in rural areas. **MORE**INFO

Agriculture & Food Research Initiative

euucation, anu extension projects ioi more sustamable, productive, and economically-viable plant and animal production systems. **MORE INFO** 

#### USDA NRCS EQIP & CSP Enrollment Open

EQIP and CSP can be great opportunities for both small and large operations seeking to improve the ecology and invest in conservation on the farm. Find a local USDA Service Center and connect with staff to learn more. MORE INFO

NOFA NJ Members are encouraged to share listings - email nofainfo@nofanj.org!

#### La Finquita Farm Seeking Fennel Seedlings

Organic preferred but not required. Farm is located in Cream Ridge. Email Natasha with availability. MORE INFO

#### Old Mill Pond Farm Seeking Organic Hay

Seeking 200 bales of organic hay for horses in mid/end October delivered to Washington NJ 07882. Product needs to be hay suitable for horses (balanced sugar, starch, fiber contents); preferably second-cutting mixed grasses, orchard grasses or timothy. MORE INFO

#### Ironbound Farm Seeking Beef Tallow

Ironbound Farm is seeking beef tallow for sale in their Montclair and Asbury markets. **MORE INFO** 

nature, demonstrates equitable climate solutions and engages leaders through the work they do on their 2,700 acre campus. Duke Farms is also committed to local agriculture and food production, highlighting products raised on-site and at local area farms in their

Farm Barn Cafe. Visit Duke Farms today!







# Thank You For Supporting NOFA NJ!

**Become a Member Today!** 









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